

Stroke

First aid fact sheet



Recognise stroke?

If you see any of these symptoms, act F.A.S.T.!

- F** – Has the person's **FACE** drooped?
- A** – Can they lift both **ARMS**?
- S** – Is the person's **SPEECH** slurred? Do they understand you?
- T** – Call triple zero (000). **TIME** is critical.

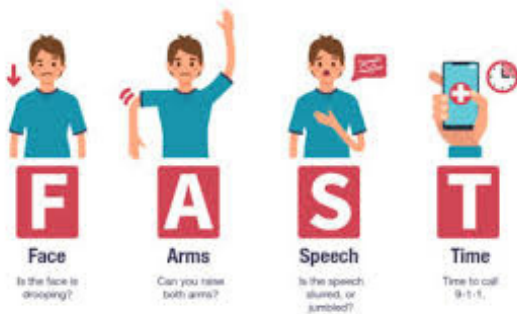
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Signs & Symptoms

- facial weakness
- arm weakness
- weakness or paralysis, especially on one side of the body
- difficulty speaking or understanding
- feeling of numbness in face, arm or leg
- disturbed vision
- loss of balance
- faintness, dizziness
- confusion
- loss of consciousness

What to do

1. Follow DRSABCD.
2. Call triple zero (000) for an ambulance.
3. Reassure the patient. The patient may not be able to clearly communicate, which may cause them extreme anxiety.
4. Help the patient to sit or lie down in a comfortable position. Support the patient's head and shoulders on pillows.
5. Loosen any tight clothing.
6. Keep the patient warm.
7. Wipe away any secretions from the patient's mouth.
8. Stay with the patient until medical aid arrives.



In a medical emergency call Triple Zero (000)

Danger **R**esponse **S**end for help **A**irway **B**reathing **C**PR **D**efibrillation

You could save a life with first aid training

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