

The Hidden Costs of Workplace Bullying

Why Businesses Must Take Action

THE COSTS OF IGNORING

INCREASED EMPLOYEE TURNOVER

Bullied employees are more likely to leave their jobs, leading to higher turnover rates and costly recruiting process.



REDUCED PRODUCTIVITY

Employees who experience or witness bullying are often less productive due to stress, anxiety, and distraction.



HIGHER ABSENTEEISM

Bullying can lead to increased sick leave as employees attempt to avoid the hostile environment, further disrupting business operations.



LEGAL COSTS

Companies may face lawsuits and legal fees associated with claims of workplace harassment or bullying.



HEALTHY WORKPLACE

OPEN COMMUNICATION

Encouraging open, honest dialogue between all levels of staff.



MUTUAL RESPECT

Promoting respect for all employees, regardless of their position.



SUPPORTIVE LEADERSHIP

Leaders who provide support and mentorship.



RECOGNITION AND REWARD

Regularly acknowledging and rewarding employee achievements.



INCLUSIVE ENVIRONMENT

Celebrating diversity and fostering an inclusive atmosphere.



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DAMAGE TO REPUTATION

A company known for tolerating bullying can suffer significant damage to its brand and reputation.



LOWER EMPLOYEE MORALE

Bullying creates a toxic work environment, leading to decreased morale and engagement among employees.



INCREASED HEALTH CARE COSTS

Stress-related illnesses from bullying can lead to higher health care costs for the company.



LOSS OF INNOVATION

A culture of fear and intimidation stifles creativity and innovation, crucial components for business growth and competitiveness



HEALTHY WORKPLACE

CLEAR POLICIES

Having clear, well-communicated policies on acceptable behaviour.



CONFLICT RESOLUTION

Effective systems for resolving conflicts quickly and fairly.



WORK-LIFE BALANCE

Supporting a healthy balance between work and personal life.



USEFUL LINKS

Blogs:

[The Hidden Costs of Workplace Bullying](#)
[Mental Health - Taking care of your greatest asset!](#)
[A unique approach to Youth Mental Health](#)
[How Mentally Healthy is your workplace really?](#)
[Mental Health concerns - Is it the NEW pandemic?](#)
[RU really Okay?](#)

Professional Support Lines:
[Beyond Blue](#)
[Lifeline Australia](#)